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ROAD SCHOLARS
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{page 3}

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Keep porn filter-policy as is, library staff say

Staff concerned that research could be hindered ◐ Board to discuss policy tonight

ANGELA MULLINS
@METRONEWS.CA

If you go

The library board meets at 5:30 tonight at the Central Library, 251 Dundas St.

London Public Library staff are not buying into a request that pornography filters be added to all computers.

In a review of the library's Internet service policy, staff are recommending only minor "wording" changes to the guidelines. None has to do with filters, despite a city-council directive that the software be installed.

Members of the library board are expected to adopt the policy — as they do each year — at tonight's meeting and still could push the filters through. In the past, however, board members have backed the staff position that filters could restrict information and hinder research.

Josh Morgan, the board chairman, said board members have to decide if the status quo fulfils the library's mission of creating a "safe and welcoming place … for people and their families. That's what the board has to discuss," he said.

The prospect of adding filters cropped up most recently when Megan Walker, executive director of the London Abused Women's Centre, and others piled on council with complaints about people scrolling porn sites.

But in the report to be tabled tonight, library staff highlight that only 10 complaints about people viewing "objectionable" content were received in 2010, a year that tallied about 699,500 computer users. Through Nov. 17 of this year, 736,000 people had used the Internet and 15 complaints had been received.

Of the overall complaints, two involved patrons who were touching themselves inappropriately while looking at the content. Both had their library privileges revoked, the report says.

While only some library computers have mandatory filters — mainly those used by children, teens and for job searches — Morgan stressed that staff can add the software to other terminals as needed.

Sax. Appeal

▶ Bob Gent, 37, jazzes things up in Market Lane yesterday. Gent, a Vancouver native, has spent the past decade travelling across Canada in the summer and picking a spot to settle down in the winter. This year, he's chosen London, pedalling his bicycle into town on Tuesday. Busking is one way he makes ends meet.

ANGELA MULLINS/METRO

Blue notes on a late autumn's day

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School worried about safety of students

New 'travel plan' for students expected to address issues from parking lot congestion to playground gate Effort to help solve longstanding concerns

ANGELA MULLINS/METRO

▶ Drivers try to manoeuvre their way through the Eagle Heights Public School parking lot as students unload from buses yesterday morning.

ANGELA MULLINS
@METRONEWS.CA

Eagle Heights Public School is in a conundrum.

Its parking lot is chaos as parents weave around buses to drop off and pick up their children. But because of traffic on nearby Oxford Street, getting more kids to walk to school is a tough sell.

The problem — one parents and school staff have grumbled about for years — is finally getting some attention, thanks largely to the efforts of Grade 6 teacher Kyle de Gryp.

He, along with a team that includes city officials, a police liaison officer and members of the school council, started forming an action plan to address the issues yesterday morning.

The plan, which will take months to develop, could include shifting student dropoffs to the rear of the school, recruiting more block parents to lead walkers and building another staff parking lot.

"Keeping the kids safe. That's what this is all about in the end," Gryp said.

While the concerns have been known for some time, a serious conversation about fixing them started at the beginning of the school year.

Since then, leaders of the campaign have been hard at work, surveying parents, surveying students and facing one of the biggest issues — traffic.

Volunteers positioned themselves at six key points around the school for three days this month and started counting cars.

The high volume of vehicles — 1,400 — that pass the school at the beginning and end of the day is to be expected, thanks to the school's positioning across the street from Cherryhill Village Mall. What was surprising was the number of cars that breezed through red lights — about 16 a day — during the count.

At least one student trying to navigate through busy streets has been hit in recent years, principal Dan Lavery said.

267 The number of students Eagle Heights school has gained in the past seven years. The growth poses a challenge for getting kids to and from school safely, officials say.

Occupy items released

Occupy London protesters are now able to pick up personal belongings that were removed from Victoria Park on Nov. 9.

The city has set up the email address vicparkitems@london.ca that people can use to file a description of missing items, as well as include their name and contact information.

City staff will review the requests and make arrangements to return the items if located.

Photo identification will be required to retrieve any items, and there is also a short form to complete.

City staff will monitor the email address until Dec. 20. After that, all unclaimed items will be disposed of.

METRO

Christmas kettle campaign starts

The Salvation Army annual Christmas kettle campaign begins today and volunteers are needed. Volunteers stand by the kettle to greet shoppers with a smile and accept donations.

"This year, more than ever, we are relying on the assistance of our fellow Londoners to help us make the Christmas season brighter for others," said Perron Goodyear of the Salvation Army.

For more information, call 519-873-2982.

METRO

1 news

Out of all Republicans seeking the presidential nomination, 76-year-old Ron Paul is having the most success with voters under 30. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

A Canadian film about the experiences of war correspondents has made the short list of 15 documentaries in the running for an Oscar. Video at metronews.ca/video

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Classic fairy tale comes to Forest City

Cinderella musical plays at Grand Theatre through Dec. 31

ANGELA MULLINS/METRO

▶ From left, wicked stepsisters Jenny Hall of Toronto Jennifer Stewart of Stratford, along with wicked stepmother Susan Henley of Toronto, share a laugh at Cinderella's expense as a scene from the show plays out yesterday at the Grand Theatre. Cinderella, played by Alessia Lupiano of Toronto, opened last night at the theatre.

ANGELA MULLINS
@METRONEWS.CA

A fairy tale has sprung to life on the Grand Theatre stage.

Cinderella, a Rodgers and Hammerstein musical, opened last night, bringing a touch of love, wit and dreaminess to London for the holiday season.

The show's storyline follows very closely with the classic tale. Cinderella — forced into dingy clothes and scrubbing floors as her stepsisters live the high life — becomes the unlikely romantic interest of a prince.

Love story aside, audiences may expect to leave the theatre a bit more upbeat. At its heart, Cinderella is a story about overcoming adversity, director Heather Dabies said.

"It's about believing in hopes and possibilities — even when the world is saying you don't have any," she said.

The tale's stage version, which debuted in December 1958, takes a few twists and turns from the original.

For one, Cinderella and her love interest start developing a liking to each other long before the famed prince's ball. And, Prince Charming doesn't technically exist in the stage script. Instead, his name is Christopher.

The show remains a "classic romance for all ages" despite the changes, Dabies said.

Ticket info

▶ For show times and ticket information, visit grandtheatre.com or call 1-800-265-1593.

Ontario to post $16-billion deficit

THE CANADIAN PRESS FILE

▶ Finance Minister Dwight Duncan

Slower-than-expected growth means the Ontario government will take in $778 million less this year than it forecast in last spring's budget.

Finance Minister Dwight Duncan's fall economic update confirms Ontario will post a $16-billion deficit for 2011-12.

Duncan also says the government will consider a recommendation to limit overall spending increases to one per cent a year until the deficit is eliminated by 2017 to 2018.

However, he's not saying which programs or services could be cut to meet that target, with details not expected until next spring's provincial budget.

Duncan's economic update echoes the gloomy outlook highlighted in Tuesday's throne speech, but also says Ontario has fared well compared with other jurisdictions.

THE CANADIAN PRESS

2%

Projected growth in gross domestic product this year, down from 2.6 per cent forecast in the spring budget.

Fontana inks deal with China

METRO FILE

▶ Joe Fontana

Senior Chongqing officials and business leaders joined Mayor Joe Fontana and Team London in a public signing ceremony in China yesterday that resulted in three memoranda of understanding.

The first memorandum was signed by Fontana, between the City of London and the Jinshan Group. This was a public signing of the memorandum approved by London council in October, focusing on opportunities to advance surgical robotics research, testing and training.

The second memorandum links the London Chamber of Commerce and the Chongqing Private-Owned Business Association and brings London business closer to the establishment of an international network of chambers.

The third was between Trudell Medical Ltd. and the Jinshan Science and Technology Group of Chongqing to assist each other in the identification and development of market opportunities in both China and Canada. METRO

Firefighter injured on duty

The Ontario fire marshal's office has been called in to investigate a fire that sent one firefighter to hospital with serious injuries.

The fire started around 7:45 p.m. Tuesday on Grosvenor Street near Cheapside and Colborne streets. It started at one house and spread to another.

None of the five people inside the two homes were hurt, but one firefighter was seriously injured during a fall. The firefighter was taken to hospital and later released.

Officials say the fire started in a garage then spread to the house, resulting in heavy fire and smoke damage. The blaze then quickly spread to the home beside it, causing heavy fire and smoke damage there, as well.

Damage is estimated at $500,000. Cause has not been determined.

AM980/AM980.CA

Lighting ceremony tonight

The Brescia Psychology Association will hold a lighting ceremony tonight at Brescia College in support of the London Abused Women's Centre's Shine the Light on Woman Abuse campaign.

The 6 p.m. ceremony is part of a month-long effort by the psychology association to help raise awareness on the issue of woman abuse and its impact on our society.

The ceremony will be held at Ursuline Hall (1285 Western Rd.).

METRO

High school gets grant for Kin-Ball

Clarke Road Secondary School has received a grant from the Sogo Active program to set up a Kin-Ball intramural program.

"With Kin-Ball, the emphasis is around teamwork and fun," says Martha Trepanier, a phys-ed teacher at Clarke Road.

Sogo Active is a $5-million, five-year national youth physical activity program sponsored by Coca-Cola Canada and managed by Particip-Action.

METRO

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Submerged-car girl tried suicide, court told

A court heard yesterday about the gruesome home life of a teenage girl allegedly killed by her family along with her two sisters.

Sahar Shafia confided in school and child protection authorities that she was being pressured to wear a hijab, the court in Kingston was told.

She was also being shunned at home, so she tried to kill herself, the court heard.

Shafia, then 16, told a school assistant principal her parents had barely spoken with her in the previous eight months.

She also said she was subject to verbal and physical abuse by her older brother, the assistant principal told court.

It was all too much, so she took some pills in a suicide attempt, assistant principal Josee Fortin said.

"I had enough," she said Sahar told her. "I wanted to die."

The bodies of Sahar, 17, her sisters Zainab, 19, and Geeti, 13, along with the body of Rona Amir Mohammad, 50, one of their father's two wives, were found in a car submerged in a Kingston canal.

THE CANADIAN PRESS

THE CANADIAN PRESS

▶ Sahar Shafia, in a photo released this week, said she had been "emotionally rejected" by her parents, a court heard.

Family on trial

- The parents, Tooba Mohammad Yahya, 41, and Mohammad Shafia, 58, and brother Hamed, 20, have pleaded not guilty to first-degree murder.
- When Sahar tried to kill herself, her mother said something to the effect of, if she wants to die, let her, the court heard.

Protesters feel the heat — and cold

Toronto camp dismantled almost peacefully ◐ Snow gives Montreal campers the shivers

Occupy Toronto protesters bowed to the inevitable yesterday.

Scores of police and by-law officers armed with a court order moved into a downtown park to dismantle the Occupy camp.

The end appeared to come as a relief to the shrinking number of activists.

"It's really calm," said protester Katie Berger. "Everyone has planned for this.''

But one woman was arrested. She went limp and was carried away.

Two others were arrested later as a crowd chanted "shame! shame!"

OTTAWA

At least eight people were arrested early yesterday when police entered Confederation Park to ask Occupy protesters to leave.

VANCOUVER

Police moved in early yesterday to dismantle a second Occupy site that sprang up after the initial site at the art gallery was deemed illegal and ordered removed.

MONTREAL

Occupy Montreal tents sagged under the weight of snow as the city faced its first major storm of the season.

Mayor Gerald Tremblay has asked the protesters to leave the site in Montreal's financial district.

Organizers have said they have no plans to move.

THE CANADIAN PRESS

GRAHAM HUGHES/THE CANADIAN PRESS

▶ Occupy Montreal campers get the cold, hard truth: Winter — and snow — can put protesting in a deep-freeze.

Campers want officials to smile

Occupy Winnipeg is taking steps to ensure it gives the province no reason to evict protesters from Memorial Park.

Spokesperson Louise May said the province sent an email last week, listing a number of health and safety concerns.

So a general assembly was used to improve health and safety measures.

Occupiers decided to remove tents that didn't belong to campers committed to staying the winter, and make the winterizing of tents a group effort rather than an individual one.

Provincial spokesperson Matt Williamson said vacant tents are a concern. "We're not planning an eviction," he added.

SEAN LEDWICH

Craigslist jobseekers killed: Cops

A Craigslist ad for a phoney Ohio farm job may have led to killings, officials say.

A death certificate indicates a Virginia man died of a gunshot wound to the head and was found in a wooded area in southeast Ohio.

Investigators said one man lured to the nonexistent job was found dead last week, and a second was shot but fled.

THE ASSOCIATED PRESS

No school! Blame Wi-Fi

Parents in a school district north of Toronto kept their children out of school yesterday to protest the use of Wi-Fi in classrooms.

About 40 people, including a dozen kids from Grades 1 to 5, joined a picket line in Aurora, spokesperson Christine Marrin said.

The parents said they were concerned that Wi-Fi could be exposing their children to radiation, she said.

THE CANADIAN PRESS

Drug raids nab 28

Quebec police say 28 people have been arrested in a major strike against an alleged drug-trafficking ring involving the Hells Angels.

Twenty-five people were arrested in Quebec, while three others were detained in New Brunswick.

More than 400 officers were involved in pre-dawn raids that netted 27 firearms, $140,000 in cash and nearly two kilograms of cocaine.

THE CANADIAN PRESS

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Businesses should still invest: Carney

GRAHAM HUGHES/CP

▶ Carney

Bank of Canada governor Mark Carney says growing access to capital should make Canadian businesses confident to invest, despite the financial chaos that has rocked Europe and troubling signals out of the United States.

"Given the relative attractiveness of Canada in global terms, Canadian businesses large and small can expect continued access to capital and that's extremely important because that allows to plan for the medium and long term," he said yesterday.

While Canadian trade with Europe remains relatively low, there are tremendous opportunities, even with Europe's debt crisis, Carney said. Carney cautioned against overreaction during a period of international volatility.

The head of the Montreal Board of Trade said Carney's comments are reassuring to entrepreneurs who wonder if the time is right to develop their businesses and export markets. "The worry is when they hear that in Europe investments are slowing down and the fear is a form of contagion," said Michel Leblanc. THE CANADIAN PRESS

Carney forecast

- Carney said interest rates will remain low as the central bank tries to keep the economy moving.
- Carney maintained that the economy will grow 1.9 per cent next year, emphasizing risks remain high.
- He predicted inflation will slow from 2.9 per cent to about one per cent by mid next year.

Occupying malls on Black Friday

- New strategy is planning targeted marches since camps broken up
- Hit list includes big chain stores, while promoting local businesses

DON RYAN/THE ASSOCIATED PRESS

▶ A joke sign is seen at one of several entrances to the Occupy Portland camp in Portland, Ore., last month.

Occupy protesters want shoppers to occupy something besides door-buster sales and mall parking lots on Black Friday.

Some don't want people to shop at all. Others just want to divert shoppers from big chains and giant shopping malls to local mom-and-pops.

And while the actions don't appear co-ordinated, they have similar themes: supporting small businesses while criticizing the day's dedication to conspicuous consumption and shopping that fuels big corporations. Nearly each one promises some kind of surprise action on the day after Thanksgiving — the start of holiday shopping season.

In Seattle, protesters are carpooling to Wal-Mart stores to protest with other Occupy groups. Washington, D.C., is offering a "really, really free market," where people can donate items they don't want so others can go gift shopping for free.

Others plan to hit the mall, but not for shopping. The 75-person encampment in Boise, Idaho, will send "consumer zombies" to wander around in silent protest. In Chicago, protesters will serenade shoppers with revamped Christmas carols about buying local. The Des Moines, Iowa, group plans flash mobs at three malls.

Trying to shop exclusively local neglects economies of scale, job specialization and other benefits that big, multi-state corporations can bring, said George Mason University economist Russ Roberts. "Don't punish yourself by not shopping where you can get the best deal; that's foolish," Roberts said. THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

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- 223.49 (11,571.71)	- 0.99¢ (95.37¢ US)
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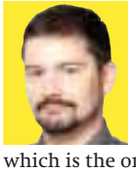
‘15 SECONDS TO CURTAIN’ LOVE AFFAIR

HE SAYS ...

JOHN MAZEROLLE
METRO



It’s time to get things started, so let’s discuss: Why does my generation find the Muppets’ return so celebrational?

My workplace has been so overrun with Muppet talk lately that one boss said he wouldn’t take part in any more conversations unless they were Muppet-free. Embracing our good fortune, my co-workers and I spent days defending our favourite Muppets with a vigour most people save for discussing which is the one true religion.

Let’s be honest. The which-Muppet-is-best argument is silly, especially when one considers that Rowlf is the Ultimate Muppet, or “UltiMuppet,” end of story.

That truth aside, the conversation still left me wondering what it is about the Muppets that captures everyone’s imagination.

Have you ever had a girlfriend or boyfriend where all the things that bugged you in other partners seemed cute in her or him? That's the Muppets.

The show is soaked in irony, but is sincere and sweet. The franchise rakes in cash, but it feels like they’re doing it for free. The jokes are cornier than anything this side of Hee Haw, but it’s still hilarious.

Bring a Muppet to almost anything and it improves it. If there’s a Twilight: New Muppet, I’m lining up at midnight to rave about how sexy Count Von Count is. If Mel Gibson wants to make The Passion of The Kermit, I’m there. I’ll even watch An Inconvenient Muppet Truth if Beaker is trembling at the bad news and Honeydew brings a fool-proof machine to fix global warming.

“Bring a Muppet to almost anything and it improves it.”

Replace Billy Joel with Rowlf, Brangelina with Kermiggy, Nickelback half-time shows with Mahna Mahna half-time shows. Life would be better.

If the Muppets were real, the world would be a simpler, less frightening place. Tell me the House of Commons wouldn’t be improved with Statler and Waldorf in their balcony as the Official Opposition.

HARPER: This legislation will keep Canadians safer.

STATLER: Who keeps us safe from you?

HARPER: You guys, knock it off.

WALDORF: Actually, that speech reminded us of an article in our favourite magazine.

HARPER: Really?

STATLER and WALDORF: Harper’s Bizarre!

If we all lived like Muppets, peak oil wouldn’t be a problem when you can fit 40 of us in the same car. There can be no racism in a world where love exists between pig and frog. And instead of being puppets of America, we’d just be American puppets.

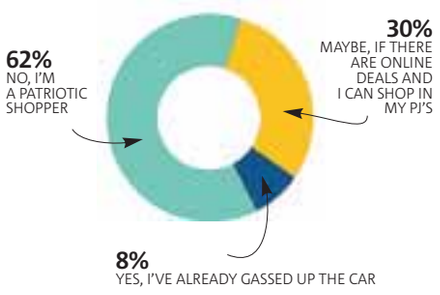
I’m not sure I’ve gotten to the bottom of the Muppets’ appeal, but someday we’ll find it, this rainbow connection. All I can say for sure is that my generation’s belief in the Muppets is not cheap nostalgia, but completely felt. (Wocka wocka.)

Read more of John Mazerolle’s columns at metronews.ca/hesays

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Do you plan to do some cross-border shopping on Black Friday?

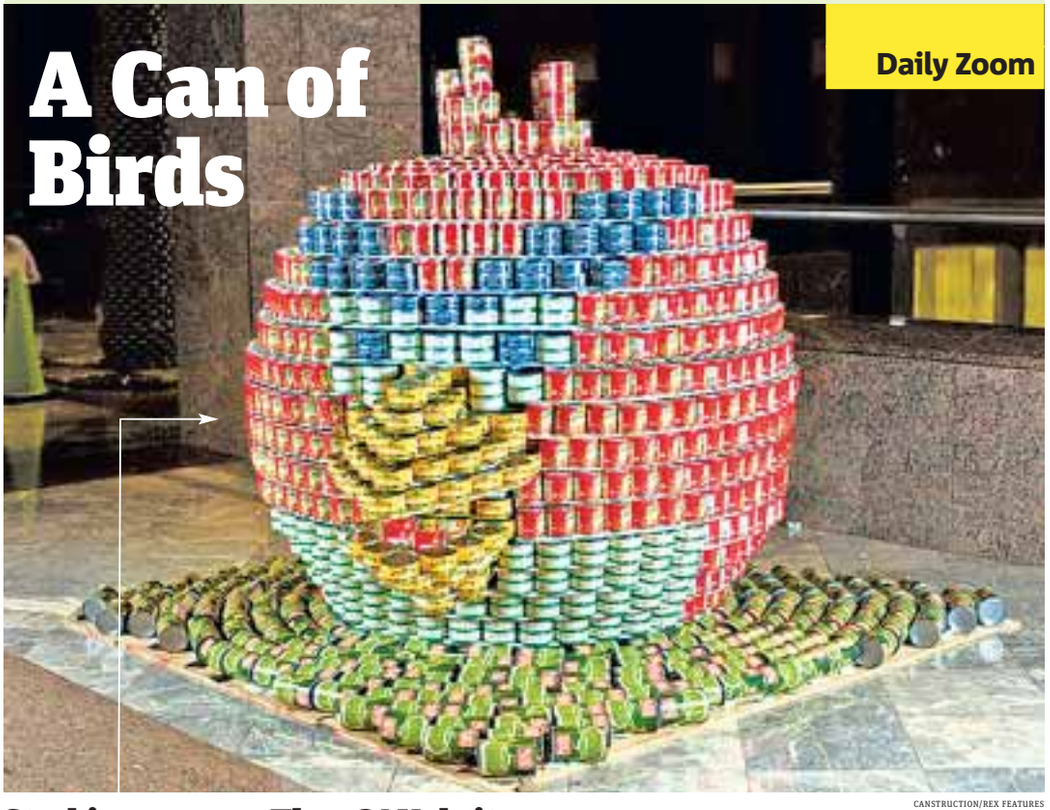


Local tweets

- **@kelsey-shipway:** overheard a girl complaining about wearing her canada goose and it not being cold enough ...hm ya think? we’re in southwestern ontario #uwo
- **@JamesthePrince:** It’s a sad day when the only job a grad can find in #ldnont is door to door sales... Keeping working on that job creation #Joe-Fontana
- **@j0_mAmA:** Do you ever want to SCREAM at the top of your lungs and not stop? If you hear such a noise in #LdnOnt in a second, it’s just me.
- **@nsoave:** It seems my business and government class has turned into Occupy 101. We have bi-weekly discussion about the movement. #uwo
- **@LdnLunchLadies:** Head over to the forest city derby girls Facebook page for a new contest!! Yaya! #derby #LDNont #skate
- **@madelenabv:** Got a parking ticket on a stupid side street 5 min before I left the house. awesome #badluck #talkabout-timing #ldnont

Daily Zoom

A Can of Birds



CANSTRUCTION/REX FEATURES

Stacking up a work of art

TIN CAN. This Angry Birds replica in New York City has been constructed entirely from tin cans. It and others are part of Canstruction, a global community service project organized by the construction industry to benefit local food banks. The annual event has been held in over 193 cities since 1992. MWN

They CAN do it for a good cause

COMPETITION. The event was created by the Society for Design Administration. Spokesperson Chakshu Mehta explains the premise of the project: “The idea is to put a visual spotlight on hunger while showcasing the design.” Notable creations include the head of Tutankhamen, Marilyn Monroe and Barack Obama. MWN

3,000

is the average number of food cans in each ‘sculpture’. Between 5 to 10 stackers work as a team for up to 8 hours to build a work. The hardest thing to figure out is how many cans are needed for each project, organizers told Metro.

Can-shaped facts

- **29,000 kilos of food were raised in the New York competition.** That’s enough to feed almost 14,000 people for one day.
- **Serious ‘food stackers.’** Architects, engineers, designers and building contractors team up to construct perfect sculpture.

metro
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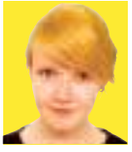
Rebuilding the(ir) block

Hip Hop Rebuilds the Block event raising money to give to Goderich Disaster Relief Fund

BACKSTAGE PASS

AMANDA GRANT
METRO LONDON



It's been three months since a tornado touched down in Goderich, but there is still a lot to be done.

"To be honest, it looks even worse now because they've started to tear down the houses," Jordan Grace says. "Homes that were half demolished are gone now as they get ready to rebuild."

Grace is a Goderich native who moved to London to attend Fanshawe College for the music and industry arts program. Following the disaster this summer, he wanted to put his skills to use and started to plan a benefit for the town.

On Friday he will host Hip Hop Rebuilds the Block on the third floor of APK Live.

"I think it's important to have the event now," Grace says. "We haven't forgotten, and obviously the people living there haven't forgotten about what happened. It needs to be continually brought up and I think this is just a jumping off point."

"I have a lot of ties to Goderich, I was born and raised there so I definitely feel the need to do something," he says. "I think it's really important to realize on a grass roots level that every little bit counts."

AMANDA GRANT/FOR METRO

▶ Jordan Grace, the organizer of Hip Hop Rebuilds the Block.

The benefit concert will feature performances by five Canadian hip-hop artists, including Micky Redeyez.

"He's really creative," Grace says. "He has this London style and his videos showcase the city. I just felt like he would be the perfect fit for the show."

Redeyez, originally from Sri Lanka moved to London to study culinary arts at Fanshawe College. Since then he has moved home to Oshawa to focus on his music, drawing on the 1990s hip-hop scene in New York for inspiration.

"That was the golden era," Redeyez says. "I want to bring the fans back to that atmosphere."

Redeyez is looking forward to his reunion with London on Friday, and lending his talent to the benefit.

"It's for a great cause," Redeyez says. "When an artist can get involved in the community it says a lot about them and about what's important. These are the opportunities you have to take advantage of."

The show will also feature a live band, local group Builder Refused backing up the rappers and lending its unique reggae style to some freestyle performances.

"I wanted to make it as community oriented as possible," Grace says. "That means getting as many people involved as I can and raising awareness for my hometown."

Hip Hop Rebuilds the block starts at 9 p.m. Tickets are $5 at the door with all proceeds going to the Goderich Disaster Relief Fund.

A must-read from Canada Reads

Panelists will debate book choices live on CBC Radio Also streamed

Actor Alan Thicke and Dragons' Den investor Arlene Dickinson are among the panellists lined up for the CBC non-fiction book debate Canada Reads: True Stories 2012.

The public broadcaster says Thicke will defend the hockey book The Game by Ken Dryden (Wiley Canada) and Dickinson plans to push for Marina Nemat's memoir Prisoner of Tehran. Meanwhile, Juno Award-winning rapper Shad is backing the memoir Something Fierce by Carmen Aguirre.

Supermodel Stacey McKenzie will argue for On a Cold Road by Dave Bidini. And Anne-France Goldwater, star of Quebec's reality-TV courtroom show l'Arbitre, has chosen The Tiger by John Vaillant.

The panellists will debate the books live on CBC Radio from Feb. 6-9 to determine Canada's "must-read non-fiction title for 2012."

The shows will also be live-streamed on CBC Books and air daily on CBC's documentary channel, with recap specials the following weekend on CBC-TV and CBC Radio One.

This is the first time Canada Reads has featured non-fiction titles.

Last year The Best Laid Plans by Terry Fallis won Canada Reads.

THE CANADIAN PRESS

GETTY IMAGES

▶ Allan Thicke

2 scene

Nickelback

Nickelback stars in a new video on the comedy site FunnyorDie.com. The profanity-laden clip finds Nickelback responding to an online petition set up to stop the divisive hard-rockers from playing at a Detroit Lions game on Thursday.

THE ASSOCIATED PRESS

Bee Gee Robin Gibb says on his website that he is improving after being very ill

The 'bad girl' belongs to Brad

Angelina Jolie has changed a lot from her wilder younger days, but she insists there's some of that still in there.

"I'm still a bad girl. I still have that inside of me," she tells 60 Minutes in an interview.

"It's just in its place now. It belongs to Brad — or our adventures."

Jolie is just happy she made it through her more rebellious period.

"I didn't die young, so I am very lucky," she says.

"For many reasons, I shouldn't be here."

METRO

Angelina Jolie

Celebrity tweets

@jessicaalba

Happy Holidays from my family to yours! Hope you all have a festive season filled w/ joy and cheer!

@_juliannemoore

I don't know about u but I think Herman Cain's use of the word "ain't" is enough to disqualify him from the presidency.

@GwynethPlatrow

On my way to Beijing for the first time. Any recommendations for food, sights, traditional medicine, etc.?

Ashton, Demi still on speaking terms

Divorcing couple met recently at 'Kabbalah House'

ALL PHOTOS GETTY IMAGES

▶ Ashton Kutcher and Demi Moore

While Demi Moore may have filed for divorce from Ashton Kutcher, she's apparently not done talking to him, as the pair reportedly met at the Beverly Hills home of a friend the weekend after her divorce announcement, according to Us Weekly.

"It's affiliated with Kabbalah, and some of the people who go there refer to it as the 'Kabbalah House,'" a source says of their meeting place, where the couple are said to have previously visited for Kabbalah-themed marriage counselling.

Kutcher and Moore arrived separately but were seen leaving at the same time.

"They seemed very sombre," the source says.

But apparently Moore has been anything but sombre since deciding to ditch Kutcher, even reportedly appearing chipper and cheerful at a nail salon the morning of the divorce announcement.

"Demi's been telling friends that it gets easier every day," a source says. "She's very optimistic."

METRO

Britney loves all kinds of chocolate

As Britney Spears continues her current globe-trotting concert tour, the hectic schedule is definitely taking its toll, she says. "Trying to get up and go work out in the morning (is hard). I haven't worked out in, like, two weeks," she admits to Stylist. "Sometimes it's hard to be motivated. But once you get up and do it you feel like you've conquered the world." And when she needs a pick-me-up, the answer is "definitely chocolate," Spears says. "I love Skors, with the caramel in the middle, and every once in awhile if I'm really hungry then a Snickers bar is good. And M&M's are great, Hershey's Whoppers are great, Raisinettes. Twixes are great, too. And the new Hershey's Cookies & Cream." METRO

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WWW.FACEBOOK.COM/THEGOLDRECYCLERS

Get ready to shop

You don't have to drive south of the border to get Black Friday discounts

HEATHER BUCHAN
LIFE@METRONEWS.CA

Tomorrow marks Black Friday — the biggest sales event of the year in the United States — with retailers slashing prices on virtually everything. Held the day after American Thanksgiving (this year, it falls on Nov. 25), it traditionally marks the kick-off to the holiday shopping season.

In the past, many Canadians flocked to their closest border crossing in order to take advantage of the U.S. deals, but rather than packing up the car, making the road trip south and waiting in lineups for hours, more and more Canadians will be journeying online for cross-border shopping deals this year.

Cyber Monday — the online cousin to Black Friday — takes place on the Monday following the U.S. Thanksgiving weekend and features a number of discounts on shopping websites.

According to a recent Ipsos Reid survey conducted on behalf of Visa Canada, 34 per cent of Canadian online shoppers plan to shop online at American retailers this Black Friday. This is an increase of six per cent from last year.

"Over the past few years we have seen a steady increase in the number of Canadians who look for deals south of the border on Black Friday," says Stephanie Wallat, business leader for e-commerce with Visa Canada. As a result, many U.S. retailers seem to be taking notice of the Canadian interest and have extended their shipping to Canada and abroad. In a bid to keep Canadians from cross-border shopping this weekend, some Canadian retailers are ramping up sales of their own. Toys R Us Canada announced that it's holding a half-price event this weekend. And The Bay, Zellers and Home Outfitters, Future Shop and Best Buy will also be offering sales events this weekend.

Resources

Some helpful sites to help you navigate Black Friday:

- **blackfriday.info:** The official site for all the 2011 Black Friday ads.
- **BlackFriday.FM:** You can sign up for email updates and check out sales from your favourite stores.
- **TGIBlackFriday.com:** Offers one-click filters to see what popular deals are available online.
- **redflagdeals.com:** Canada's largest bargain hunting website has an entire section devoted to Black Friday deals.

Shopping tips

Make the most of Black Friday by following these savvy shopping tips:

- **Do your research before shopping.** Go to a retailer's site early, pick out everything you want, do price comparisons and add items you want to your shopping cart.
- **Find out the full cost of the item you want.** Borderlinx (borderlinx.com/visa/ca) provides a calculator that estimates the entire cost of a purchase, including currency conversion, taxes, duties and shipping.
- **Canadian duties on apparel are much higher than on electronics.** That could eat into some of your cross-border savings.
- **How do you know if you're really getting a great deal?** Experts say that if the item you want isn't 40 to 50 per cent off, leave it behind.

ADMITTING YOU WANT TO WIN PRIZES & GET GREAT DISCOUNTS IS THE FIRST STEP.

REGISTER AT CLUBMETRO.COM

club metro .COM

ALL PHOTOS ISTOCK IMAGES

▶ Passport rules, border waits and gas prices make staying in Canada more appealing to the Black Friday shopper.

Canadian retailers get in on the action

More Black Friday bargain hunting is beginning to happen in Canada, says an Ottawa-based marketing expert.

"Surveys across Canada show that this year, cross-border shopping is going to be down," said Brian Card, president of the Ottawa-based market research firm CRG consulting.

But that flies in the face of travel data from Statistics Canada showing same-day car trips to and from the U.S. by Canadians are at their highest level since 1998 at 7.2 million in the second quarter of 2011 and 7.1 million in the third.

BMO economist Robert Kavcic said the numbers correlate with the rise in value of the loonie versus the greenback.

He agree with Card that Canadian retailers are beginning to hold their own Black Friday sales.

JESSICA SMITH/SEAN MCKIBBON

What's allowed

- **Exemptions:** If you're gone for a day, you get $50 worth of goods to bring back. If you're gone for 48 hours, you get $400. A week? $750.
- **If you're caught smuggling:** Border services can seize your goods, fine you up to 80 per cent of their worth and take your car — and you have to pay before you get any of it back. That's if you're not arrested. ELISHA DACEY

17%

of Canadians say they intend to head south of the border on Friday for America's biggest shopping day of the year.

Is it worth the drive?

Hordes of shoppers, including thousands of Canadians, are gearing up to spend their hard-earned money south of the border during America's largest shopping event of the year.

Black Friday enthusiast Danielle Graydon, who heads to Bellevue, Wash., every year, says the event is a good place to finish Christmas shopping in one trip.

"Last year I got all my Christmas shopping done for $350," she said. "At some stores you'll get discount on top of discount. The trip is worth it because you end up saving hundreds."

Graydon describes Canada's Boxing Day as a "pathetic" alternative to America's busiest shopping day. KENDRA WONG

Hot items

According to Ipsos Reid, clothing and accessories will be the most popular purchases tomorrow, followed closely by books, movies and music.

Some of the steepest price cuts are on electronics, including televisions, computers, DVD players, music players, video game consoles and small appliances. Leave home furnishings purchases until Boxing Day sales. HEATHER BUCHAN

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3 life

A stylish story

Popular show turns a page

From TV screens to glossy magazines, the world's longest-running fashion series, Fashion Television, extended its iconic brand on Tuesday with the launch of a semi-annual magazine. Featuring fashion royalty Grace Kelly on the cover, Fashion Television Magazine offers its readers a unique video/print hybrid — a multimedia experience with a chance to see each print story come to life with a companion video available on fashion-television.com.

METRO

Lady Gaga opens Gaga's Workshop at Barney's department store in New York

This Victoria's Secret bombshell gets in shape with maca powder, bee pollen and sun warrior protein We discuss

GETTY IMAGES

Miranda Kerr's thong song

TINA CHADHA
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

For the first time in her five years of walking down the runway as a Victoria's Secret Angel, the Australian bombshell Miranda Kerr had the honour of wearing the $2.5 million Fantasy Treasure Bra. And that's just months after giving birth to her first baby with husband Orlando Bloom. We ask her the question every woman wants to know.

Besides the $2-million bra, what's the biggest difference between walking in a high fashion catwalk show such as, say, Balenciaga versus Victoria's Secret?
The great thing with Victoria's Secret is they really encourage us girls to interact with the audience and show a bit of personality, so it's a totally different thing for sure, but both of them are good in their own right. The Victoria's Secret show is quite a theatrical performance. I love to be in the moment and feel the music.

"[Generally the] first step would be to blow dry then apply a volume lotion in your hair. Once we blow dry all that through we spray in [Orlando Pita] Elevate Texture Spray. Then we do the curling iron set. Then we send the girls to makeup, after they're done we brush it all out."
HAIR GURU ORLANDO PITA ON HOW TO NAIL THOSE BIG VS CURLS

You lost the baby weight ridiculously fast. Can you give us a breakdown of your daily diet?
Everyday is different but I like to start the day with a fresh green juice with kale, spinach, cucumber, beets and lemon. Then half an hour later, I have a power smoothie, which has sun warrior protein powder, chia seeds, maca powder, raw cacao, bee pollen, goji berries, noni juice, vitamineral green and coconut water. Then an hour after that I'll have oatmeal or eggs. That's my three-course power breakfast. For lunch I might have some grilled fish with goat cheese or baby spinach salad and olives. Sometimes I'll have a sweet potato. At dinner, I'll have a lentil soup and maybe some chicken. And I love to have my salads with avocado, feta and spinach.

It sounds like a lot of careful maintenance. What does your workout regimen look like?
I've been practising yoga for over 12 years. And after I had the baby I started doing Pilates. That was really helpful. But three weeks leading up to the VS show, I start working out five times a week using a resistance band and leg weights.

Is the Fantasy bra heavy?
No it's not so heavy but my wings are really heavy.

Where does one go after you've modelled the $2.5-million bra? What do the next five years look like for you?
I really want to expand my organic skin-care line all over the world. I created a line that I personally wanted — it's a certified organic range — but couldn't find. Kora organics has been my passion and my idea. I invested the money behind the product. I blog (on the site) once a week.

Backstage talk

How the angels whip their skin and bodies into shape

Adriana Lima

"I think working out makes your skin glow. It's a natural detox. I also drink a lot of water and coconut water. For makeup, I use lots of black mascara, lip gloss and that's it."

Joan Smalls

"Every day, I wash my face with something that contains salicylic acid and then I continue with an advanced night repair. I put it on in the morning and I mix it with Estée Lauder DayWear cream, it has SPF 15. It's important to protect your skin in the morning."

Celebrate the season with flameless candles

A safer and brighter idea for holiday entertaining • Enhance your decor with these modern touches

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

The holidays are all about creating a magical mood in your home for entertaining; great music, special food and drink, and of course lots of candles to help set a festive mood.

I love to use candles everywhere around the house when having people over, but am also cautious about leaving them to burn on their own.

Flameless candles are a great option to real ones, and although you don't get some of the scents that are available with the real thing, the flicker and light that is cast would fool almost anyone.

Made of quality wax or plastic resin, the candle's inside houses an LED light that flickers and is shaped like a small flame.

The tops can have the look of dripping wax coming down the sides for a traditional look or a clean-edge look for a more modern esthetic.

There is a small switch on the bottom that controls the on/off of the LED light.

Flameless candles are made in all standard candle sizes, from tiny votives to large three-wick style pillar candles.

I like the white or off-white four-inch pillar size candles as they are most classic and will be neutral enough to use year round.

As there are no safety worries with flameless candles, I like to display in places that I would never dream of using real ones — lining them up the staircase, outside on the front porch (no worries of them blowing out on a cold windy night), on window ledges, within the Christmas tree or in guest rooms.

For a realistic candle look, place them in glass hurricanes and add some decorative touches around the base like cranberries, holly or small metallic ornaments.

BALLARD DESIGNS

▶ Silvered flameless candles add a touch of glamour to the holidays. Battery-operated candles with timer; Ballard Designs

"As there are no safety worries with flameless candles, I like to display in places that I would never dream of using real ones — lining them up the staircase, outside on the front porch (no worries of them blowing out on a cold windy night), on window ledges, within the Christmas tree or in guest rooms."

You can also use a large grouping to adorn an unused fireplace; fill the empty fireplace with birch logs, glass ornaments and a variety of flameless candle sizes.

SEARS

▶ Modern flameless candles create a chic display when accessorized with other modern elements. Flameless Pillar Candle Set; Sears

Depending on the quality of batteries that come with the candles, the LED lights burn from 24 to 100 hours.

Flameless candles take a variety of batteries; triple A and watch battery styles are most popular — it's always smart to keep some extras on hand during the busy entertaining season.

WOOLLENS WANT CLEANING

Dear Charles the butler, My mother says I need to wash woollens for the winter. Is this true? I've never washed my kids' woollens or any woollens for that matter. Surprised Mom

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@METRONEWS.CA
FOR MORE, VISIT CHARLES MACPHERSON.COM

Dear Surprised Mom,

Wool gloves, scarves and leg warmers all need to be cleaned on a regular basis. Remember anything we touch and use gets dirty from the natural oils and dirt on our hands and in the air around us.

Not to mention everything these garments come into contact with like the school bus, grocery store carts and school hallways.

So how to clean them? Well if you have a front loading washing machine you most likely have a specific cycle that will allow you to safely launder wool garments.

Note that top loaders will not always work as the centre agitator will damage the wool.

ISTOCK

▶ These are woollens. If you wear them, you must wash them.

Remember to use half the amount of recommended soap, as you can always add more soap in a second cleaning but too much soap is hard to get out of the garment. Once washed, put the garment flat out on a towel and let them dry naturally. Do not put them in the dryer, ever!

Now for those of you without a front loading machine, you can still easily wash these by hand with products such as Woolight® in a laundry bin. Just follow the label directions.

Weekly Cookbook

150 Best Tagine Recipes (Robert Rose, 2011) by Pat Crocker offers a comprehensive history of traditional Moroccan tagine cooking, including an extensive Tagine Know-How section that answers all possible questions about tagines, as well as a North African Flavour Footprint section that profiles the 20 herbs and spices to provide authentic flavour.

Home cooks can bring Morocco into their kitchens with these tantalizing dishes: Cinnamon lamb tagine with apricots, minted lemon whitefish, fiery beef tagine, and more.

The magic of Morocco at home

Bring the flavours of the Middle East to your kitchen with this easy tagine recipe for lamb

Moroccan cuisine is renowned for its delicate balance of sweet and spicy flavours.

Try this easy slow-cooker tagine recipe with some convenient grocery store items to help you during the week.

Ingredients:

- 2 tbsp (25 mL) canola oil
- 1 boneless lamb shoulder, about 1 ¾ lb (875 g)
- 1/2 tsp (2 mL) salt
- 1/2 tsp (2 mL) freshly ground black pepper
- 1 large white onion, halved and thinly sliced
- 2 cloves garlic, sliced
- 2 large carrots, peeled and cut diagonally in 1 ½ inch (4 cm) long pieces
- 3 cups (750 mL) sodium-reduced chicken broth
- 1 bottle (350 mL) PC Memories of Morocco Sauce

Preparation:

1. In large heavy frying pan, heat oil over medium-high heat. Sprinkle lamb with salt and pepper. Cook for 10 to 12 minutes, turning occasionally, or until browned.
2. Transfer lamb to slow cooker. Stir onions and garlic into frying pan, reduce heat to medium-low and cook for 4 to 6 minutes or until softened. Transfer onion mixture to slow cooker.
3. Stir carrots, broth and sauce into slow cooker. Cover slow cooker, turn heat to low and cook for 10 to 12 hours or until lamb is very tender when prodded with fork.
4. Transfer carrots to a bowl; set aside. Remove lamb from slow cooker; using two forks, shred meat. Place lamb and carrots on a platter; drizzle with sauce. Serve with couscous and hot buttered chickpeas, if desired. Tip: Garnish with chopped dried fruit, such as apricots, figs or dates, if you like.

NEWS CANADA

Moroccan Lamb Tagine

This recipe makes 6 servings.

NEWS CANADA/PRESIDENT'S CHOICE/THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT HER WEBSITE EMILYRICHARDSCOOKS.CA.

Shrimp, sausage and bison ... on a stick!

Make a batch of these skewers to enjoy for a holiday gathering The combination of meats, spices makes for a great conversation appetizer

These Middle Eastern-style skewers combine a potent but delicious seasoning blend (gobs of black pepper and ground star anise) with a mix of ground sausage, bison and shrimp. The result is deliciously meaty and warmly spicy.

And since the holidays are a time to entertain, we prepared these as tiny party-friendly skewers.

If you'd prefer them for dinner, you could use larger skewers with more meat (you'll need to adjust the cooking time). You can also skip the sticks entirely and form them into meatballs.

While I favoured bison in this blend because it is naturally lean, you could also use lean ground beef or turkey.

If you want to offer a simple dipping sauce for these skewers, mix together equal parts toasted sesame oil, seasoned rice vinegar and soy sauce, as well as a bit of garlic powder and finely diced fresh chives.

MATTHEW MEAD/THE ASSOCIATED PRESS

Middle Eastern Sage-Shrimp Bison Skewers

Ingredients:

- 1 star anise
- 5 mL (1 tsp) black or mixed peppercorns
- 3 raw sweet Italian turkey sausages, casings removed
- 250 g (½ lb) raw shrimp, shells and tails removed
- 1 small onion, quartered
- 5 large leaves fresh sage
- 500 g (1 lb) ground bison
- 5 mL (1 tsp) salt
- 250 mL (1 cup) panko breadcrumbs

Preparation:

1. Coat a rimmed baking sheet with cooking spray.
2. In a spice grinder, combine star anise and peppercorns. Grind until reduced to a fine powder. Set aside.
3. In a food processor, combine sausages, shrimp, onion and sage. Pulse until coarsely ground. Transfer to a large bowl. Add bison, salt, star anise-pepper mixture and breadcrumbs. Use your hands to mix well.
4. Break off a walnut-size chunk of the mixture and form it in an oblong about 2.5 cm (1 inch) thick at the centre. Repeat with remaining meat mixture, arranging meat on prepared baking sheet. You should have about 40 oblongs. Broil for 3 minutes, then turn and broil for another 3 minutes or until cooked through. Alternatively, skewers can be cooked on a medium-high greased grill for about 3 minutes per side.

   Tip: When grilling, the skewers can be inserted prior to cooking. Avoid this when using the broiler; the more intense heat of the broiler will burn the skewers.
5. Insert toothpicks or short skewers lengthwise into each just before serving.

THE ASSOCIATED PRESS/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT HER WEBSITE EMILYRICHARDSCOOKS.CA

The injuries and the ecstasy

THE HOCKEY NEWS

ADAM PROTEAU
SPORTS@METRONEWS.CA

Tim Connolly was an easy target of jokesters and cynics who called him fragile and undependable when he missed 12 of the Maple Leafs' first 18 games. But those folks clearly aren't paying attention to what the veteran centreman has given the team in the 10 games he's played. And they're looking pretty foolish right now.

With seven assists and 10 points — including a goal and two helpers in Tuesday's 7-1 shellacking of Tampa Bay — what Connolly has done is produce at a point-per-game pace. In fact, if you look at his totals the past three games, you see he's producing at double that rate and demonstrating why Leafs GM Brian Burke gave him a two-year, $9.5 million contract in the summer.

Of course, there were no shortage of people on the other side of Lake Ontario who snickered into their Buffalo wings when the deal was announced.

During his eight seasons in Western New York with the Sabres, the 30-year-old Connolly played 82 games only twice, missed 148 games over the course of three seasons and was a non-factor in three of the four times he played in the post-season with Buffalo.

ABELIMAGES/GETTY IMAGES

▶ The Leafs' Tim Connolly celebrates his goal on Saturday night against the Washington Capitals.

But again, when he was healthy, Connolly was always a productive player. In 627 NHL games before he got to Toronto, the Syracuse native amassed 277 assists and 395 points with the Sabres and New York Islanders, who drafted him fifth overall in 1999. According to a Western Conference GM who spoke on condition his name not be used, Burke knew exactly what he was getting in Connolly's skill set.

"When he was healthy, Connolly was always a productive player. In 627 NHL games before he got to Toronto, the Syracuse native amassed 277 assists and 395 points."

"When (Leafs star winger) Phil Kessel was in Boston, he played some of his best games because of (injured Bruins centre) Marc Savard — that's what I think Burkie saw in Connolly," said the GM. "Plans have changed because they're getting good chemistry and great results with Kessel and (Toronto centre) Tyler Bozak on the same line, so they can use Connolly to spark that second line, especially after (Mikhail) Grabovski was injured."

Indeed, with Grabovski on the sidelines for at least another week, if not longer, Connolly has an opportunity to jump-start the offensive production of struggling second-line winger Nikolai Kulemin and Clarke MacArthur.

If Connolly's history is any indication, Leafs fans would be wise to expect the occasional interruption in service from him. But they have every reason to also expect him to keep Toronto in the playoff hunt.

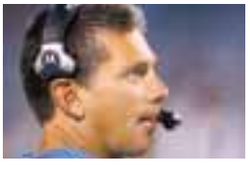
Detroit ready to put Packers to the test

The last time Aaron Rodgers and the Packers came to Detroit, they looked like anything but Super Bowl contenders.

Of course, the Green Bay quarterback has a perfectly valid explanation for why the Lions slowed him down.

"They gave me a concussion," Rodgers said.

Rodgers recovered from that jarring December loss, leading the Packers to a Super Bowl title, but the way the Lions shut down their NFC North rivals still resonates. This trip to Detroit to face Ndamukong Suh on the U.S. Thanksgiving holiday today could be the toughest remaining test of the regular season for the unbeaten Packers (10-0).



"We want to make sure that the players understand the tradition of this game, its importance to the city, its place in the history of the National Football League."
DETROIT LIONS COACH JIM SCHWARTZ

"Another game, another opportunity to get after another great team," said Suh, Detroit's imposing defensive tackle. "They're a great offence, and one that's very potent."

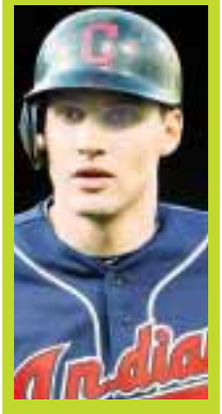
It's hard to imagine now, but the Packers were actually in danger of missing the playoffs after they lost 7-3 in Detroit last season. Rodgers left with a concussion toward the end of the second quarter, but Green Bay was sputtering even while he was in the game. Rodgers missed the following week's game, a loss to New England, but the Packers have won 16 straight since.

The Lions (7-3) face a daunting task if they're going to end their seven-game Thanksgiving losing streak. The last time they won their traditional holiday game was in 2003, when they intercepted Brett Favre three times in a 22-14 victory over Green Bay.

THE ASSOCIATED PRESS

4 sports

Quoted



"I wasn't ready to say goodbye and move on."
GRADY SIZEMORE, ON WHY HE DECIDED TO RE-SIGN WITH THE CLEVELAND INDIANS. THE INDIANS WILL PAY HIM A BASE SALARY OF $5 MILLION NEXT SEASON. THE 29-YEAR-OLD CAN MAKE ANOTHER $4 MILLION BASED ON PLATE APPEARANCES. THE DEAL ALSO INCLUDES AN AWARDS PACKAGE THAT INCLUDES $500,000 IF SIZEMORE IS SELECTED COMEBACK PLAYER OF THE YEAR.

Scan code for more sports news.

Tebow makes believers out of Broncos

Young QB leading Denver back to NFL relevance Some criticize pivot for his displays of religious devotion

By now, most people know Tim Tebow, the quirky quarterback. Hardworking work in progress, imperfect passer getting by on more will than skill, bigger on moxie than mechanics.

Then there's Tim Tebow, the person. Popular and polarizing. Galvanizes backers and backbiters alike. People love him or loathe him.

There he is on TV, professing his faith and talking about how he was more excited to build a children's hospital in the Philippines than he was in leading the Denver Broncos to an improbable last-minute win over the New York Jets.

Even though the Broncos were 1-4 without him and 4-1 with him, including two fourth-quarter comebacks, Tebow's detractors call him a phoney, fake and scripted.

GARRETT W. ELLWOOD/GETTY IMAGES

▶ The Broncos' Tim Tebow celebrates after running for the game-winning touchdown in Sunday's last-minute win over the New York Jets in Denver.

This, despite guiding the Broncos back to 5-5, a game behind Oakland in the AFC West.

"He really is genuine and the emotion and the passion that you see him out there playing with, he has the same passion off the field with those type of things, the charity things and the missionary things," receiver Eddie Royal said. "He just lives that way."

Royal said Tebow should be hailed a hero by more than just the Tebowmaniacs who have been in his corner since he starred at the University of Florida.

Still, some people have a problem with him wearing his religion on his sleeve.

For example, former Broncos QB Jake Plummer told KGME-AM in Phoenix this week: "I think he's a winner and I respect that about him. I think that when he accepts the fact that we know that he loves Jesus Christ, then I think I'll like him a little better. I don't hate him because of that. I just would rather not have to hear that every time he takes a good snap or makes a good hand-off."

"He walks the walk. A guy like that in today's society, in my mind, ought to be celebrated, not scrutinized to the level that he is."
BRONCOS COACH JOHN FOX ON TIM TEBOW

To which Tebow replies: a man needn't express his love for his wife only on their wedding day, but all the time. That's the way he feels about his Lord.

"That's the thing about my faith: It's not just something that happens when you're at church or happens when you're praying or reading the Scripture. It's a part of who you are, as a person, as a player, in your life and everything," Tebow said. "Hopefully, you're the same guy everywhere."

Tebow was born in the Philippines, to parents who were missionaries and taught him never to shy away from his faith. Like Reggie White and Kurt Warner before him, he feels compelled to share his story of salvation regardless of the sensitivity of the subject. **THE ASSOCIATED PRESS**

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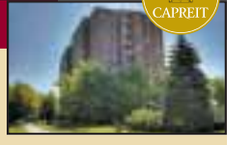

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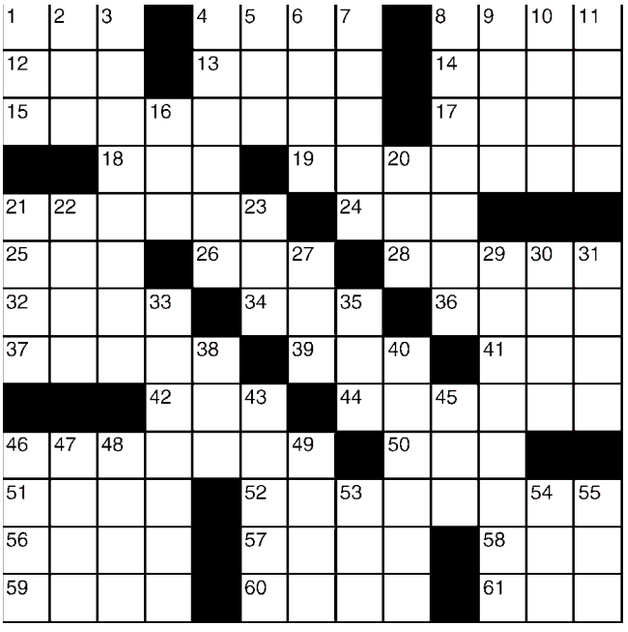
Crossword



Across
1 Household member
4 Shock
8 Baby bed
12 Retirement plan acronym
13 Acknowledge
14 Humdinger
15 Sports fans' party site
17 With dexterity
18 Journey segment
19 Blue quality
21 Light colour
24 Frat-party need
25 Matterhorn, for one
26 Slight touch
28 Staff members?
32 Pacific rings?
34 Standard
36 Bar
37 Red Square tomb occupant
39 Hee follower
41 Rage
42 Silent
44 Deceived
46 Lottery payment, perhaps
50 Legislation
51 Eye part
52 Exhaust outlet
56 Gambling game
57 Mexican entree
58 Pen point
59 Verve
60 Old World duck
61 Society newcomer

Down
1 Trench
2 Geological period
3 Severe decline
4 Rough, as rocks
5 Eggs
6 Oodles
7 Adapt slightly
8 Din
9 Cartoonist Goldberg
10 Troubles
11 Purchases
16 Allow
20 Lair
21 Cover of gloom
22 Sheltered
23 Once around the track
27 Scrooge's cry
29 Aid when airborne
30 Hibernia
31 Coaster
33 Springfield surname
35 Aries
38 Greek consonants
40 Cricket-bat wood
43 Mongrels
45 Fool
46 Board game, cereal or magazine
47 Caspian Sea feeder
48 Actress Sorvino
49 "Just the facts, —"
53 "Rocks"
54 Slapstick missile
55 Recede

▶ Yesterday's answer

A	M	P		C	U	E	S		E	W	E	R
L	E	I		A	F	R	O		D	I	R	E
B	A	N		M	O	R	A	L	I	Z	E	D
A	L	G	A	E			P	A	T			
			G	L	O	B		D	O	L	C	E
M	O	R	E	O	V	E	R		R	I	L	L
A	B	A		T	U	B	A	S		M	O	B
S	O	N	S		M	O	R	T	G	A	G	E
S	E	T	U	P		P	E	R	U			
			B	O	A			U	N	I	O	N
M	O	R	T	I	F	I	E	D		D	N	A
R	O	I	L		E	D	G	E		E	L	M
S	H	O	E		W	O	O	L		A	Y	E

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

7			2		1			
1	5						4	6
	4			3		8		
	7		5	1				2
		1				9		
6				7	4		3	
		2		6			9	
4	9						6	3
			4		9			8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

9	7	4	8	5	1	2	3	6
1	3	5	6	2	4	8	9	7
6	2	8	9	7	3	5	4	1
5	6	2	7	1	9	4	8	3
8	9	7	3	4	2	6	1	5
4	1	3	5	6	8	9	7	2
3	5	9	1	8	6	7	2	4
2	8	6	4	3	7	1	5	9
7	4	1	2	9	5	3	6	8

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You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Society, If you haven't yet donated to Movember, I strongly urge you to do so! It is a great cause and can do a lot of good. Please check out mobro.co/GeoffreyHoward to donate!
GEOFFREY

Girl in Foxy Mask, If it were a date to be.. It would be you and me... Under the starry sky.. I just wouldnt wana say goodbye.. I jst wana love you with all my heart, n hey its not the end... its jst the start..... **SECRET ADMIRER**

Irresistible Prince Charming, My sweet darling, every time when I saw you my heart raced fast speed... You are like a magnet ! I am attracted to you... and I can't stop thinking of you and wanting you by my side... I think I love you too, very, very much! Just a kiss and my dream will come true...
C. L. SLEEPING BEAUTY

Today 8°/5° Partly cloudy
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HD
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Today's horoscope

♈ Aries March 21-April 20 If you keep in mind at all times that there is no such thing as a "sure thing" you won't go far wrong.

♉ Taurus April 21-May 21 If friends and family choose to oppose you don't push the issue. They'll come around eventually.

♊ Gemini May 22-June 21 If you try to have everything perfectly planned before you start a project, chances are you won't get started at all.

♋ Cancer June 22-July 22 You will do the exact opposite of what others expect of you today.

♌ Leo July 23-Aug.23 Anyone who tries to tell you that you are going about something in the wrong way will be treated with your usual Leo disdain.

♍ Virgo Aug. 24- Sept. 22 You want to be taken seriously by your peers, but that will only happen if you are clear in your own mind what it is you believe.

♎ Libra Sept. 23-Oct. 23 There's a whole world out there waiting to be dazzled by your brilliance.

♏ Scorpio Oct. 24-Nov. 22 You will be the centre of attention for quite a while to come.

♐ Sagittarius Nov. 23-Dec. 21 Do you take on more work or do you enjoy more leisure time? Only you can decide.

♑ Capricorn Dec. 22-Jan. 20 Before you move ahead with a creative project it might be wise to get some input from those whose advice you trust.

♒ Aquarius Jan. 21-Feb. 18 Deep down you know there is something underhanded going on.

♓ Pisces Feb. 19-March 20. Don't put your hands over your ears and pretend you can't hear.

SALLY BROMPTON

KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

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DARRYL DYCK/THE CANADIAN PRESS

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